



# Product List

## 2026 - 2027

# OUR HISTORY

Since 1936, **Conserves Modernes Chtaura** has been supplying markets around the world with traditional Mediterranean food specialities focusing on Lebanese Cuisine. Exported to more than 35 countries worldwide, our products are exclusively made of natural ingredients, according to recipes that were passed down for three generations.

The secret of our success is passion for what we do and full commitment to our customers. Today, **Conserves Modernes Chtaura** proudly offers a variety of ready-to-serve mezzes and a range of mouth-watering wholesome dips.



# EAST MEDITERRANEAN SPECIALTIES

## Hummus Tahina

| EAN Barcode      | Item                                          | Packaging | Type | Carton GW | Cubic Meters |
|------------------|-----------------------------------------------|-----------|------|-----------|--------------|
| 52-83003-20219-9 | Hummus Tahina RTS 270g                        | 24        | jar  | 6.50      | 0.0056       |
| 52-83003-20200-7 | Hummus Tahina 180g                            | 24        | can  | 5.30      | 0.0069       |
| 52-83003-20203-8 | Hummus Tahina 380g                            | 24        | can  | 10.68     | 0.0150       |
| 52-83003-20206-9 | Hummus Tahina 850g                            | 12        | can  | 11.73     | 0.0152       |
| 52-83003-20213-7 | Hummus Tahina w/ Cumin 380g                   | 24        | can  | 10.68     | 0.0150       |
| 52-83003-20214-4 | Hummus Tahina w/ Pepper 380g                  | 24        | can  | 10.68     | 0.0150       |
| 52-83003-20215-1 | Hummus Tahina w/ Garlic 380g                  | 24        | can  | 10.68     | 0.0150       |
| 52-83003-20358-5 | Hummus Tahina w/ Chick Peas (Mousabbaha) 380g | 24        | can  | 10.68     | 0.0150       |

## Roasted Eggplant & Dips

| EAN Barcode      | Item                                     | Packaging | Type      | Carton GW | Cubic Meters |
|------------------|------------------------------------------|-----------|-----------|-----------|--------------|
| 52-83003-20100-0 | BabaGhannouj - Roasted Eggplant Dip 175g | 24        | can       | 5.21      | 0.0070       |
| 52-83003-20101-7 | BabaGhannouj - Roasted Eggplant Dip 370g | 24        | can       | 10.00     | 0.0150       |
| 52-83003-20102-4 | BabaGhannouj - Roasted Eggplant Dip 850g | 12        | can       | 11.73     | 0.0152       |
| 52-83003-20113-0 | Grilled Eggplant 560g                    | 12        | glass jar | 11.68     | 0.0149       |

- Notes:
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Low in saturated fat & dense in nutrients, there are many reasons why the Lebanese diet is said to be amongst the world’s healthiest.



The benefits of its staple ingredients, such as chickpeas and tahini have been well known since ancient times. Classic dishes such as hummus and falafel showcase their qualities to the fullest.

# EAST MEDITERRANEAN SPECIALTIES

## Foul Moudamas Recipes

| EAN Barcode      | Item                         | Packaging | Type | Carton GW | Cubic Meters |
|------------------|------------------------------|-----------|------|-----------|--------------|
| 52-83003-20021-8 | F.M. Lebanese Mix 400g       | 24        | can  | 11.22     | 0.0150       |
| 52-83003-20015-7 | F.M. Palestinian Mix 400g    | 24        | can  | 11.22     | 0.0150       |
| 52-83003-20018-8 | F.M. Egyptian Mix 400g       | 24        | can  | 11.22     | 0.0150       |
| 52-83003-20026-3 | F.M. Kurdish Mix 400g        | 24        | can  | 11.22     | 0.0150       |
| 52-83003-20043-0 | F.M. Syrian Mix 400g         | 24        | can  | 11.22     | 0.0150       |
| 52-83003-20012-6 | F.M. Armenian Mix 400g       | 24        | can  | 11.22     | 0.0150       |
| 52-83003-20007-2 | F.M. with Bitter Orange 400g | 24        | can  | 11.22     | 0.0150       |
| 52-83003-20005-8 | F.M. with Tahini 400g        | 24        | can  | 11.22     | 0.0150       |
| 52-83003-20008-9 | F.M. with Cumin 400g         | 24        | can  | 11.22     | 0.0150       |
| 52-83003-20009-6 | F.M. with Peppers 400g       | 24        | can  | 11.22     | 0.0150       |

## Pulses

| EAN Barcode      | Item                     | Packaging | Type | Carton GW | Cubic Meters |
|------------------|--------------------------|-----------|------|-----------|--------------|
| 52-83003-20001-0 | Foul Moudammas 400g      | 24        | can  | 11.22     | 0.0150       |
| 52-83003-20002-7 | Foul Moudammas 850g      | 12        | can  | 11.73     | 0.0152       |
| 52-83003-20209-0 | Chickpeas 400            | 24        | can  | 11.22     | 0.0150       |
| 52-83003-20212-0 | Chickpeas 850g           | 12        | can  | 11.73     | 0.0152       |
| 52-83003-20029-4 | F.M. with Chickpeas 400g | 24        | can  | 11.22     | 0.0150       |
| 52-83003-20031-7 | Foul Bajela 400g         | 24        | can  | 11.22     | 0.0150       |
| 52-83003-20032-4 | Foul Bajela 850g         | 12        | can  | 11.73     | 0.0152       |

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All our products, including ten exclusive Foul Moudammas recipes are vegan and GMO free.

# VEGETABLES

| EAN Barcode      | Item                                | Packaging | Type      | Carton GW | Cubic Meters |
|------------------|-------------------------------------|-----------|-----------|-----------|--------------|
| 52-83003-21603-5 | Tomato Paste 28-30 brix 300g        | 12        | glass jar | 6.20      | 0.0115       |
| 52-83003-21330-0 | Tomato Paste 28-30 brix 660g        | 12        | glass jar | 11.67     | 0.0160       |
| 52-83003-20418-6 | Okra In Brine 400g                  | 24        | can       | 11.22     | 0.0150       |
| 52-83003-20408-7 | Okra In Brine 800g                  | 12        | can       | 11.73     | 0.0152       |
| 52-83003-20409-4 | Okra In Tomato Sauce 825g           | 12        | can       | 11.73     | 0.0152       |
| 52-83003-20413-1 | Green Broad Beans 400g              | 24        | can       | 11.22     | 0.0150       |
| 52-83003-20414-8 | Green Broad Beans 850g              | 12        | can       | 11.73     | 0.0152       |
| 52-83003-20417-9 | Mouloukhieh Leaves 800g             | 12        | can       | 11.00     | 0.0152       |
| 52-83003-20416-2 | Mouloukhieh Chopped 800g            | 12        | can       | 11.00     | 0.0152       |
| 52-83003-20405-6 | Mixed Vegetables 825g               | 12        | can       | 11.73     | 0.0152       |
| 52-83003-20404-9 | Mixed Vegetables 400g               | 24        | can       | 11.22     | 0.0150       |
| 52-83003-20419-3 | Green Peas Fresh 400g               | 24        | can       | 11.22     | 0.0150       |
| 52-83003-20400-1 | Green Peas Fresh 825g               | 12        | can       | 11.73     | 0.0152       |
| 52-83003-20402-5 | Green Peas & Carrots 400g           | 24        | can       | 11.22     | 0.0150       |
| 52-83003-20403-2 | Green Peas & Carrots 825g           | 12        | can       | 11.73     | 0.0152       |
| 52-83003-20420-9 | Processed Green Peas 400g           | 24        | can       | 11.22     | 0.0150       |
| 52-83003-20401-8 | Processed Green Peas 825g           | 12        | can       | 11.73     | 0.0152       |
| 52-83003-20421-8 | Processed Green Peas & Carrots 400g | 24        | can       | 11.22     | 0.0150       |
| 52-83003-20423-0 | Processed Green Peas & Carrots 825g | 12        | can       | 11.73     | 0.0152       |



Not only do we use premium quality raw ingredients for our line of vegetables, we also use state of the art processing techniques to retain a maximum of their nutritional values.

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# PICKLES & OLIVES

| EAN Barcode      | Item                                   | Packaging | Type      | Carton GW | Cubic Meters |
|------------------|----------------------------------------|-----------|-----------|-----------|--------------|
| 52-83003-20723-1 | Pickled Wild Cucumbers 600g            | 12        | glass jar | 11.52     | 0.0149       |
| 52-83003-20724-8 | Pickled Wild Cucumbers 1Kg             | 12        | glass jar | 17.54     | 0.0230       |
| 52-83003-20718-7 | Pickled Cucumbers 600g                 | 12        | glass jar | 11.52     | 0.0149       |
| 52-83003-20719-4 | Pickled Cucumbers 1Kg                  | 12        | glass jar | 17.54     | 0.0230       |
| 52-83003-20701-9 | Pickled Grape Leaves 950g              | 12        | glass jar | 16.84     | 0.0222       |
| 52-83003-20703-3 | Mixed Pickles 350g                     | 12        | glass jar | 6.72      | 0.0088       |
| 52-83003-20704-0 | Mixed Pickles 600g                     | 12        | glass jar | 11.52     | 0.0149       |
| 52-83003-20705-7 | Mixed Pickles 1Kg                      | 12        | glass jar | 17.54     | 0.0230       |
| 52-83003-20709-5 | Pickled Hot Peppers 550g               | 12        | glass jar | 10.40     | 0.0149       |
| 52-83003-20710-1 | Pickled Hot Peppers 850g               | 12        | glass jar | 16.50     | 0.0230       |
| 52-83003-20715-6 | Pickled Turnips 600g (Cubes/Slices)    | 12        | glass jar | 11.52     | 0.0149       |
| 52-83003-20757-6 | Pickled Turnips 1Kg (Cubes/Slices)     | 12        | glass jar | 17.54     | 0.0230       |
| 52-83003-20352-3 | Makdous - Eggplants with walnuts 590g  | 12        | glass jar | 11.28     | 0.0149       |
| 52-83003-20360-8 | Makdous - Eggplants with walnuts 950g  | 12        | glass jar | 17.54     | 0.0229       |
| 52-83003-20359-2 | Makdous - Eggplants with walnuts 2.8Kg | 4         | glass jar | 17.50     | 0.0242       |
| 52-83003-20756-9 | Green Olives in brine 600g             | 12        | glass jar | 11.52     | 0.0149       |
| 52-83003-20729-3 | Black Olives in brine 600g             | 12        | glass jar | 11.52     | 0.0149       |

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Our crunchy & juicy pickles are a must in a Falafel sandwich!



Try some Pickled Wild Cucumbers in a salad or as a side dish.

# FALAFEL & OTHER SPECIALTIES

## Falafel Mixes & Cereals

| EAN Barcode      | Item                               | Packaging | Type       | Carton GW | Cubic Meters |
|------------------|------------------------------------|-----------|------------|-----------|--------------|
| 52-83003-21503-8 | Falafel Mix 200g                   | 24        | carton box | 5.90      | 0.0211       |
| 52-83003-21504-5 | Falafel Mix with Extra Garlic 200g | 24        | carton box | 5.90      | 0.0211       |
| 52-83003-21505-2 | Falafel Mix Spicy 200g             | 24        | carton box | 5.90      | 0.0211       |
| 52-83003-21506-9 | Couscous [Medium] 450g             | 24        | carton box | 12.00     | 0.0211       |
| 52-83003-21502-1 | Moghrabieh 950g                    | 12        | carton box | 12.70     | 0.0211       |

## Middle Eastern Herbs

| EAN Barcode      | Item                   | Packaging | Type        | Carton GW | Cubic Meters |
|------------------|------------------------|-----------|-------------|-----------|--------------|
| 52-83003-21517-5 | Summac 100g            | 12        | plastic jar | 5.57      | 0.022        |
| 52-83003-21518-2 | Summac 400g            | 6         | plastic jar | 11.92     | 0.0336       |
| 52-83003-21519-9 | Zaatar Mankoucheh 400g | 6         | plastic jar | 11.92     | 0.0336       |
| 52-83003-21520-5 | Zaatar Extra 400g      | 6         | plastic jar | 11.92     | 0.0336       |



Our Falafel are flavorful and easy to prepare whilst preserving authentic Middle Eastern flavors.

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# CATERING - READY TO SERVE

| EAN Barcode      | Item                                      | Packaging | Type      | Carton GW | Cubic Meters |
|------------------|-------------------------------------------|-----------|-----------|-----------|--------------|
| 52-83003-20102-4 | Baba Ghannouj - Roasted Eggplant Dip 850g | 12        | can       | 11.73     | 0.0152       |
| 52-83003-20206-9 | Hummus Tahina 850g                        | 12        | can       | 11.73     | 0.0152       |
| 52-83003-20044-7 | Foul Moudamas 2Kg                         | 6         | can       | 14.90     | 0.0197       |
| 52-83003-20725-5 | Pickled Wild Cucumbers 3Kg                | 4         | glass jar | 17.50     | 0.0220       |
| 52-83003-20720-0 | Pickled Cucumbers 3Kg                     | 4         | glass jar | 17.50     | 0.0220       |
| 52-83003-20706-4 | Mixed Pickles 3Kg                         | 4         | glass jar | 17.50     | 0.0220       |
| 52-83003-20758-3 | Pickled Turnips 3Kg                       | 4         | glass jar | 17.50     | 0.0220       |
| 52-83003-20103-1 | Grilled Eggplant 2.9Kg                    | 6         | can       | 14.90     | 0.0284       |
| 52-83003-20302-8 | Stuffed Grape Leaves 2Kg                  | 6         | can       | 14.90     | 0.0197       |
| 52-83003-20425-4 | Giant Beans in Tomato Sauce 1.8Kg         | 6         | can       | 14.90     | 0.0197       |
| 52-83003-20341-7 | Okra In Tomato Sauce 1.85Kg               | 6         | can       | 14.90     | 0.0197       |
| 52-83003-20216-8 | Chick Peas In Brine 3Kg                   | 6         | can       | 20.50     | 0.0284       |
| 52-83003-20339-4 | Stuffed Zucchini 1.8Kg                    | 6         | can       | 14.94     | 0.0197       |
| 52-83003-20340-0 | Stuffed Eggplant 1.8Kg                    | 6         | can       | 14.94     | 0.0197       |
| 52-83003-21713-1 | Maghmour (Moussakaa) 1.8Kg                | 6         | can       | 14.94     | 0.0197       |

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Our Ready-to-Eat appetizers line includes favorites such as our Stuffed Grape Leaves and Giant Beans in Tomato Sauce, along with other original recipes, such as Hummus Tahina and Babaghannouj.



# JAMS & MARMALADES

| EAN Barcode      | Item                  | Packaging | Type      | Carton GW | Cubic Meters |
|------------------|-----------------------|-----------|-----------|-----------|--------------|
| 52-83003-20813-9 | Red Cherry Jam 450g   | 12        | glass jar | 8.03      | 0.0099       |
| 52-83003-20814-6 | Red Cherry Jam 1Kg    | 12        | can       | 13.40     | 0.0152       |
| 52-83003-20808-5 | Black Cherry Jam 450g | 12        | glass jar | 8.03      | 0.0099       |
| 52-83003-20809-2 | Black Cherry Jam 1Kg  | 12        | can       | 13.40     | 0.0152       |
| 52-83003-20838-2 | Quince Jam 450g       | 12        | glass jar | 8.03      | 0.0099       |
| 52-83003-20839-9 | Quince Jam 1Kg        | 12        | can       | 13.40     | 0.0152       |
| 52-83003-20800-9 | Apricot Jam 450g      | 12        | glass jar | 8.03      | 0.0099       |
| 52-83003-20801-6 | Apricot Jam 1Kg       | 12        | can       | 13.40     | 0.0152       |
| 52-83003-20818-4 | Strawberry Jam 450g   | 12        | glass jar | 8.03      | 0.0099       |
| 52-83003-20819-1 | Strawberry Jam 1Kg    | 12        | can       | 13.40     | 0.0152       |
| 52-83003-20845-0 | White Fig Jam 450g    | 12        | glass jar | 8.03      | 0.0099       |
| 52-83003-20846-7 | White Fig Jam 1KG     | 12        | can       | 13.40     | 0.0152       |
| 52-83003-20852-8 | Mixed Fruits Jam 450g | 12        | glass jar | 8.03      | 0.0099       |
| 52-83003-20853-5 | Mixed Fruits Jam 1Kg  | 12        | can       | 13.40     | 0.0152       |
| 52-83003-20831-3 | Apple Jam 450g        | 12        | glass jar | 8.03      | 0.0099       |
| 52-83003-20832-0 | Apple Jam 1Kg         | 12        | can       | 13.40     | 0.0152       |
| 52-83003-20823-8 | Orange Marmalade 450g | 12        | glass jar | 8.03      | 0.0099       |

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## Our Celebrated Line of Jams!



# TAHINI & MORE

## Traditional Lebanese Tahini

| EAN Barcode      | Item              | Packaging | Type          | Carton GW | Cubic Meters |
|------------------|-------------------|-----------|---------------|-----------|--------------|
| 52-83003-2145-1  | Tahina Paste 225g | 24        | plastic jar   | 6.14      | 0.0116       |
| 52-83003-21402-4 | Tahina Paste 450g | 24        | plastic jar   | 12.28     | 0.0240       |
| 52-83003-21406-2 | Tahina Paste 900g | 12        | plastic jar   | 12.07     | 0.0220       |
| 52-83003-21410-9 | Tahina Paste 18Kg | 1         | Bucket or can | 19.00     | 0.0190       |

## Tahini Dressings

| EAN Barcode      | Item                               | Packaging | Type         | Carton GW | Cubic Meters |
|------------------|------------------------------------|-----------|--------------|-----------|--------------|
| 52-83003-21326-3 | Tarator Dressing All Purpose 300g  | 12        | Squeezable   | 4.55      | 0.0096       |
| 52-83003-21309-6 | Tarator Dressing Falafel 300g      | 12        | Squeezable   | 4.55      | 0.0096       |
| 52-83003-21322-5 | Tarator Dressing Fish 300g         | 12        | Squeezable   | 4.55      | 0.0096       |
| 52-83003-21323-2 | Tarator Dressing Grills 300g       | 12        | Squeezable   | 4.55      | 0.0096       |
| 52-83003-21309-6 | Tarator Dressing Glass bottle 310g | 24        | Glass bottle | 12.35     | 0.0300       |

## Authentic Lebanese Halawa

| EAN Barcode      | Item                       | Packaging | Type    | Carton GW | Cubic Meters |
|------------------|----------------------------|-----------|---------|-----------|--------------|
| 52-83003-21412-3 | Halawa Plain 454g          | 12        | plastic | 6.20      | 0.0060       |
| 52-83003-21414-7 | Halawa Plain 907g          | 12        | plastic | 11.05     | 0.0201       |
| 52-83003-21417-8 | Halawa with Pistachio 454g | 12        | plastic | 6.20      | 0.0060       |
| 52-83003-21418-5 | Halawa with Pistachio 908g | 12        | plastic | 11.05     | 0.0201       |
| 52-83003-21421-5 | Halawa with Chocolate 454g | 12        | plastic | 6.20      | 0.0060       |
| 52-83003-21422-2 | Halawa with Chocolate 908g | 12        | plastic | 11.05     | 0.0201       |

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We produce our own Tahina using “Gadaref” Sudanese sesame seeds to give the sweetest sesame paste. It is %100 pure and free from any whitening agents.



Tahina is the main ingredient in Taratour, a creamy versatile dressing. Our Taratour comes in a convenient squeezable bottle, and has the perfect consistency. It can be used as a dressing over salads, drizzled in your Falafel sandwich or enjoyed as a sauce on Grilled Fish!

# MOLASSES, ESSENCES & SYRUPS

## Flower Essences

| EAN Barcode      | Item                       | Packaging | Type         | Carton GW | Cubic Meters |
|------------------|----------------------------|-----------|--------------|-----------|--------------|
| 52-83003-21152-8 | Rose Water 250ml           | 24        | glass bottle | 12.30     | 0.0150       |
| 52-83003-21153-5 | Rose Water 500ml           | 12        | glass bottle | 11.26     | 0.0145       |
| 52-83003-21151-1 | Orange Blossom Water 250ml | 24        | glass bottle | 12.30     | 0.0150       |
| 52-83003-21154-2 | Orange Blossom Water 500ml | 12        | glass bottle | 11.26     | 0.0145       |

## Molasses

| EAN Barcode      | Item                       | Packaging | Type           | Carton GW | Cubic Meters |
|------------------|----------------------------|-----------|----------------|-----------|--------------|
| 52-83003-21156-6 | Pomegrenate Molasses 150ml | 24        | plastic bottle | 6.52      | 0.0090       |
| 52-83003-21149-8 | Pomegrenate Molasses 250ml | 24        | glass bottle   | 14.52     | 0.0150       |
| 52-83003-21148-1 | Pomegrenate Molasses 500ml | 12        | glass bottle   | 13.41     | 0.0145       |
| 52-83003-21145-0 | Dates Molasses 450g        | 12        | glass jar      | 8.03      | 0.0099       |

## Syrups

| EAN Barcode      | Item                   | Packaging | Type         | Carton GW | Cubic Meters |
|------------------|------------------------|-----------|--------------|-----------|--------------|
| 52-83003-21109-2 | Blackberry Syrup 600ml | 12        | glass bottle | 16.00     | 0.0253       |
| 52-83003-21110-8 | Jallab Syrup 600ml     | 12        | glass bottle | 16.00     | 0.0253       |
| 52-83003-21102-3 | Rose Syrup 600 ml      | 12        | glass bottle | 16.00     | 0.0253       |
| 52-83003-21108-5 | Tamerhindi Syrup 600ml | 12        | glass bottle | 16.00     | 0.0253       |
| 52-83003-21111-5 | Strawberry Syrup 600ml | 12        | glass bottle | 16.00     | 0.0253       |

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*Date Molasses is the new superfood, with its countless health benefits! It is high in vitamins, minerals and fibers, and has proven anti-oxident properties. Our Date Molasses can be used as a substitute to sugar, honey or maple syrup, and in baking recipes, for a caramel like flavor!*



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